

# The Beacon

Academic Year 2021/22

Issue No: 22

Date 4<sup>th</sup> March 2022

## *Hello from Mr West*

### **World Book Day**

Thursday 3<sup>rd</sup> March, as you all know, was World Book Day. It was lovely to see the children dressed in such a colourful variety of book character costumes. The children and staff really embraced the day, making it an occasion that, once again, I am sure they will never forget. Much to my delight, everywhere I looked brought back a memory of story and adventure, seeing characters such as Fantastic Mr Fox, Willy Wonka, Nanny McPhee, Harry Potter, and my personal favourite Greg Heffley, reminded me of the wonderful world that is hidden and waiting to be uncovered within the pages of a text. It was fascinating to see staff and children alike stay in character for the entire day. Thank you for making the day a great one.

### **Project Playground**

On Wednesday March 24<sup>th</sup> 2021 we launched 'Project Playground' and I am delighted to announce that a start date has now been confirmed - the work will commence on Monday 7<sup>th</sup> March. It has been a long wait, but the time has finally arrived when our vision will start to become a reality - so watch this space! It is moments like this that I know I am fortunate - fortunate to be part of such a special place. Have a wonderful weekend.

## *School Term Dates for 2021/2022*

**Fri 25<sup>th</sup> Mar** - Neurodiversity Celebration week mufti - wear something that shows your talents!

**Mon 11<sup>th</sup> - Fri 22<sup>nd</sup> Apr Inc.** - Easter holidays

**Mon 2<sup>nd</sup> May** - Bank holiday

**Mon 30<sup>th</sup> May - Mon 6<sup>th</sup> June Inc.** - Half term

**Thurs 2<sup>nd</sup> June** - Queen's Platinum Jubilee Bank Holiday

**Fri 3<sup>rd</sup> June** - Queen's Platinum Jubilee Bank Holiday

**Fri 1<sup>st</sup> July** - Non-pupil day

**25<sup>th</sup> & 26<sup>th</sup> July** - non-pupil days

**27<sup>th</sup> July** - start of the summer holidays

## *School Term Dates for 2022/2023*

**Mon 5<sup>th</sup> Sept 2022** - Non-pupil day

**Tues 6<sup>th</sup> Sept** – First day of term

**Mon 24<sup>th</sup> – Fri 28<sup>th</sup> Oct inc.** – Half term

**Mon 19<sup>th</sup> Dec 2022 – 1<sup>st</sup> Jan 2023** – Christmas Holidays

**Mon 2<sup>nd</sup> Jan 2023** – Bank Holiday

**Tues 3<sup>rd</sup> Jan** – Non pupil day

**Wed 4<sup>th</sup> Jan** – First day of term

**Mon 13<sup>th</sup> to Fri 17<sup>th</sup> Feb Inc.** – Half term

**Mon 3<sup>rd</sup> to Fri 14<sup>th</sup> Apr Inc.** – Easter holidays

**Mon 1<sup>st</sup> May** – Bank holiday

**Mon 29<sup>th</sup> May** – Bank holiday

**Tues 30<sup>th</sup> May – Fri 2<sup>nd</sup> June Inc.** – Half term

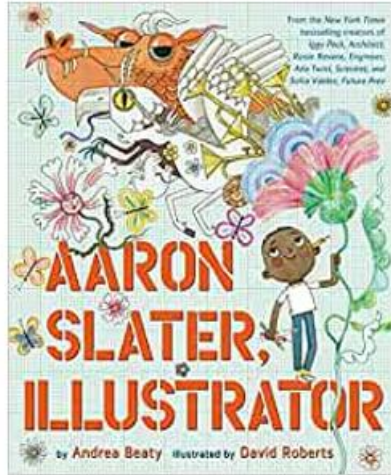
**Fri 30<sup>th</sup> June** – Non pupil day

**Fri 21<sup>st</sup> July** - last day of term

*If you have any concerns in regard to data protection please contact the school office on 01752 216160 or by email [admin@mpsplymouth.net](mailto:admin@mpsplymouth.net)*

## Book of the Week

### BOOK OF THE WEEK



Aaron Slater loves listening to stories and dreams of one day writing them himself. But when it comes to reading, the letters just look like squiggles to him, and it soon becomes clear he struggles more than his peers. When his teacher asks each child in the class to write a story, Aaron can't get a single word down. He is sure his dream of being a storyteller is out of reach . . . until inspiration strikes, and Aaron finds a way to spin a tale in a way that is uniquely his.

If you have shared a book with your child and would like to recommend it, please email me. [daniellejones@mpsplymouth.net](mailto:daniellejones@mpsplymouth.net)

## Football News

Huge well done to the Year 5/6 football team who took part in a tournament in Saltash on Tuesday. They performed brilliantly and reached the quarter finals.

The boys who took part were: Ollie, Adas, Mark, Ollie, Roo, Freddie, Cooper, Jamie and Charlie







## Summerhouse Services

'Supporting Brighter Futures'

**Adult Family and Friends  
Supportive Training Workshops**



### **'From Self Harm To Self Help'**

**Monday 21st March**

**9.45 - 2.45**

**One Off Cost - £6.00 pp (Max Group Number 12)**

(Please note priority will be given to those in difficult financial circumstances. If this cost is difficult for you, please get in touch for further assistance)

**Lunch & Other Refreshments Included**

**Venue - Saltash Social Club . The Mansion . Fore Street . Saltash PL12 6JL**

This preventative and supportive workshop is brought to you in response to many requests from family members and friends that inhabit the world of young people, for a safe, empathic, supported and accepting space where the issue of 'self harm' can be explored and understood from a young person's perspective. This workshop is relevant if you already have a child or young person in your life that self harms, or if you are worried about this becoming an issue for them in the World in which they are growing up.

You will be given an insight into the world of children and young people who self harm, as well as to gain understanding of the issue in its wider context, when seen as a form of coping. Discuss and reflect on personal attitudes towards self harm and in doing so, dispel some of the myths, taboos and stigma that surround the subject. You will also be supported in understanding that some of the approaches that **safely** support young people who self harm may directly contradict our instincts as human beings

Safe and effective ways of identifying levels of risk and supporting young people that self harm will be explored, together with gaining awareness of agencies and avenues for referral and signposting. Your facilitator is a fully qualified and highly experienced person-centred therapist and further education trainer and also has had direct experience of these issues in their own world. You can therefore expect a relaxed, friendly, professional and very human approach, together with respect, empathy and sensitivity for what is, for some, a highly distressing subject to talk about. The group is small, relaxed, safely boundaried and supportive with a lively, interactive and creative approach.

#### **Outcomes**

- Holistically explore the spectrum of self harming behaviour and links to a young person's emotional, mental, spiritual, social and environmental world.
- Discuss impacts of personal attitudes towards self harming behaviour in an open, relaxed and supported manner.
- Increase empathy for the experience of a young person who is self harming.
- Identify supportive and unhelpful ways of responding to a young person demonstrating self harming behaviour.
- Identify, practice and understand the importance of preventative and supportive self esteem, resilience building and self soothing techniques to offer young people who may be vulnerable to, or participating in self harming behaviour.
- Understand how to supportively establish levels of risk.
- Identify avenues for seeking support for you around the issue of self harm, as well as pathways for further training.

## Some Feedback From Previous Related Workshops

*'As a parent I find this very hard to talk about. Thank you for making it easy, informative and enjoyable.'*

*'Fantastic ! Highly professional and very enjoyable; thank you !'*

*'Really interactive, friendly and inclusive; it has really developed my insight and understanding of the issue.'*

*'I loved the friendly, chilled but professional approach. It has helped me feel more confident supporting young people'As a newcomer to this subject it has been invaluable in helping me develop my understanding. Thank you.'*

*'Surprisingly enjoyable and very informative, Definitely recommend. A++!'*

## Quote From A Parent 3 Days After Accessing The October 21 Delivery of This Workshop

***'Things are going really well. Thank you for helping me understand so much. It has already made a big difference. :) '***

### Booking Details

**Cost - £6.00 pp**

**Lunch & Other Refreshments Included**

**Venue - Saltash Social Club . The Mansion . Fore Street . Saltash . PL12 6JL**

**Free Parking On Site**

For bookings or enquiries please contact Penny on any of the details below. You can also follow this link to the online booking form <https://summer-house.org/workshop-booking-form> . Invoices for the balance can be sent to you, or please make cheques payable to **'Summerhouse Services'**

**NOTE: If you would like this workshop delivered to groups of family and/or friends at your venue, the cost per group per In Person workshop is £600.00 for a group of up to 16 or £280.00 for a virtual group of up to 10. Please contact Penny Logsdail if you are interested in this option.**

### Contact Details

(Please note this is not the venue address)

**Penny Logsdail**

**Summerhouse Services**

**154 Crossway . Plymouth . PL7 4JA**

**T. 07869173154**

**E. [summerhouse.services@gmail.com](mailto:summerhouse.services@gmail.com)**

**U. [www.summer-house.org](http://www.summer-house.org)**

**F. <https://www.facebook.com/supportingbrighterfutures>**

### A Note On COVID-19

**All staff delivering the workshop will take a Covid test the evening before in person delivery and we would encourage you to do the same to facilitate group and individual responsibility. Covid procedures will be in place in the New Year in line with Government Restrictions at that time. Thank You.**

**PLEASE DO NOT ATTEND IF YOU HAVE ANY COVID RELATED SYMPTOMS.**

**A full refund will be issued or the opportunity to hop onto another workshop date.**



**DRIFTs**



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**DRIFTs**



**DRIFTs**

