## The Beacon

Academic Year 2020/21

Issue No: 22

Date 2nd July 2021

#### Hello from Mrs Hunter

What a sporting week this has been so far! Andy Murray has secured a place in the third round at Wimbledon, England had their incredible victory over Germany and our pupils took part in the first Sports Days that we have been able to attempt for two years. I would like to say a huge congratulations to all the children who took part with such enthusiasm, despite the different circumstances, and a well-deserved thank you to Mrs Pearce and our Sports Leaders for making it all happen. As we have seen this week on the television and across social media, sport has the power to bring families, communities and nations together in such an uplifting way. I am already looking forward to joining together in that way next year for our own sporting events next year.

As I am sure you can imagine, school is a busy place right now as teams are working hard to complete work with their current classes as well as getting ready for the new school year. There are reports to prepare, parents' evening to hold, class lists to arrange and transition events and handovers to organise while also keeping the usual timetable running. I have advised teachers to manage this work load with a film or two between now and the end of term so they can get to the summer break in one piece. Year 6 are looking forward to their activity week starting next Monday – the team will be making sure we give Bude a run for their money!

Thank you for the kind words and messages I have received regarding my absence due to my mum's illness. It is so good to be back with you all. Thank you to the team here who have ensured it was business as usual over those weeks and told me not to worry. I have said it before but I really am lucky to be part of such an incredible school family.

Have a great weekend, full of the results we have our fingers crossed for!

Mrs Hunter 😊

#### School Term Dates for 2020/2021

Fri 23<sup>rd</sup> July – Last day of term (1:30pm finish for Year 6 / 2:15pm finish for Foundation through to Year 5) Mon 26<sup>th</sup> July – start of the summer holidays Mon 6<sup>th</sup> Sept - non-pupil day Tues 7<sup>th</sup> Sept – first day of term Mon 25<sup>th</sup> – Fri 29<sup>th</sup> Oct Inc. – half term Mon 20<sup>th</sup> Dec 2021 – Mon 3<sup>rd</sup> Jan 2022 Inc. – Christmas holidays

#### School Term Dates for 2021/2022

Tues 4<sup>th</sup> Jan - non-pupil day Mon 21<sup>st</sup> – Fri 25<sup>th</sup> Feb – half term Mon 11<sup>th</sup> – Fri 22<sup>nd</sup> Apr Inc. – Easter holidays Mon 2<sup>nd</sup> May 2022 – Bank holiday Monday 30<sup>th</sup> May 2022 – Bank holiday Tues 31 May – Fri 3<sup>rd</sup> June Inc. - Half term Mon 6<sup>th</sup> June - non-pupil day 25<sup>th</sup> & 26<sup>th</sup> July - non-pupil days 27<sup>th</sup> July – start of the summer holidays

#### Year 5 Sports Day

Year 5 had a wonderful afternoon of sporting endeavour for their annual Sports Day. Skilfully organised by Mrs Pearce and ably officiated by Year 6 sports leaders, the children showed in particular the learning powers of teamwork and loving a challenge. In addition, the games were held in a sporting manner, demonstrated perfectly when a child fell in the girls' distance race, her nearest competitor stopped to help her up and see if she was alright.

Well done Y5 - you did us proud!

#### Year 6 Sports Day

Year 6 Sports Day - well done to all of our Year Sixes and a BIG thank you to Mrs Pearce and her excellent Sports Leaders!

#### Please ensure all debts are settled by the end of term, Friday 23rd July

Thank you to those who regularly keep their school dinner and Breakfast Club accounts in credit. Please may we remind everyone that all payments for Breakfast Club and school meals must be made in advance, in line with school policy. We would ask everyone to credit their accounts in readiness for the new term in September too.

If you are unable to make payment, for whatever reason, please contact Mrs Simpson in the school office, or email admin@mpsplymouth.net.

#### Thrift shop

Just to remind you that the thrift shop will continue to be open on Monday and Wednesday from 8.30- 9am. We have plentiful supplies of MPS Sweatshirts, cardigans, summer dresses- in all sizes, and shirts, polo shirts, shorts, trousers, pinafores, skirts and PE wear in some sizes. Please do consider supporting the school and help recycling by buying from us. Jane Gilbert

Parent Support Advisor

#### Railway Beacon Youth football club

Railway Beacon Youth football club are looking for new, keen and enthusiastic young players who may be interested in joining their youth football teams. These are "mixed" teams so this opportunity is open to boys and girls equally. The club emphasis is on player inclusion and allowing the players to enjoy themselves in a safe and friendly environment, regardless of their levels of ability.

For the 2021 – 2022 season we have availability in the following age groups:

• U10 - Going into Yr 5 in Sept 2021 - please contact Christian on 07427458942

Do you have any older siblings who may be interested? If so we also have availability for:

U14 – Going into Yr 9 in Sept 2021 - please contact Darren on 07718897396



mums4achange

# **Time for You**

Supportive Zoom groups for Mums of children with additional needs

In these small, friendly groups we use words, images and coaching tools to find new ways to look at ourselves and our situations. It's a place to be with others who 'get it' and a **chance to build a toolkit to help you to navigate life's ups and downs**.

#### Supportive

"It's not like other zooms, we feel close to each other"

#### Positive

"I can be myself and that leaves me feeling better" "Sharing stuff with people who get it makes me feel I'm not alone"

#### **Burnout** Avoidance

"I can't usually get 5 minutes to myself. Having this time has been so healing".

"It's a chance to stop your mind racing, use self-compassion and avoid burnout"

#### **Creative Solutions**

"Because my mindset is different, I feel I can cope with things better now".

#### To book a space...

For mums of children with additional needs, in Devon/Cornwall

FREE 10 week Zoom group. Fri at 9:30 - 11:30am, from 10<sup>th</sup> Sept.

Booking essential, Priority if on benefits. Please contact jo@mums4achange.org or visit Facebook @mums4achange

Run by: Jo Ball, a life and career coach, trainer, mum of two, with an Arts Therapy background. Supported by Clare Gale, a trained counsellor who has a son with complex medical needs.

### www.Mums4aChange.org

The courses are free and funded by the Rosa Fund - the UK fund for Women and Girls.









# DANGEROUS DADS

## **Plymouth Dads Project - Conversation Cafe**

Conversation Cafés for men once a month on Tuesday evenings. These are for dads to come and meet other dads, to talk about the challenges and rewards of being a father, and to get any support or guidance they might need from professional staff. Covid has amplified the stress on parents and we are here to provide a judgement free environment for them to connect and converse with other dads. Also, complimentary pizza will be provided.

The Conservation Cafés are free to attend and child-care costs can be covered if needed, but again people will need to book in advance.

### July 6th, 7pm

@ the Cabin, Barne Barton, PL5 1EJ (and also on-line)



Please email: bookings@dangerousdads.org.uk