

Useful Numbers ...

NHS – 111

Police –non emergency 101

www.gov.uk/guidance/coronavirus-covid-19-information-for-the-public

www.gov.uk/government/organisations/department-of-health-and-social-care

Social Services and Early Help Advice - gateway@plymouth.gov.uk
01752 668000

NSPCC 08088005000 useful information for parents and child

Childline 08001111

The Urgent Mental Health Support Telephone line is open now 24 hours a day, 7 days a week on 01752 435122 for advice and support. Is your child or the child you are caring for experiencing anxiety, worry or stress? Are they experiencing psychological or emotional distress? This service is open to Children, Young People, Parents, Carers and Professionals

Plymouth Food Bank via One stop shop 668000

Citizen Advice- benefit advice 03003309043

CAB advice line 03444111444

Samaritans 116123

Plymouth Domestic Abuse 01752 252033 www.nationaldahelpline.org.uk

www.relate.org.uk/relationship-help/covid-19-advice-and-information

One Stop Shop – Advice on housing, council tax benefits, council services 01752 668000

Money Advice Plymouth –for debt advice 01752 208126

Family Group Conference and Mediation 01752 306861

Harbor Centre 01752434343

Please see our school website for further information

