Academic Year 2017/18 Issue No: 24 Date 23<sup>rd</sup> March 2018

# Headteacher's Comment

The Easter break is almost upon us. I can't decide whether this is the best or worst time to mention childhood obesity? Unless you live in an information vacuum, you'll know that we're in a global health crisis that is deteriorating by the year. The UK has the worst obesity rates in Western Europe. The causes of this epidemic are multiple and complex but one factor constantly leaps out: greed. Not of individuals but of the food industry that presses junk food on consumers. I'm over-simplifying the issue but, what we must do, as individuals and as responsible parents, is exercise ever stronger self-discipline. The CDC offers sensible tips for maintaining a healthy weight and to help children be more aware of what they eat by developing healthy eating habits. But it's no great secret really. We should all know: 1) Provide plenty of vegetables, fruits, and whole-grain products, 2) Include lowfat or non-fat milk or dairy products, 3) Choose lean meats, poultry, fish, lentils, and beans for protein, 4) Serve reasonable-sized portions, 5) Encourage all of your family to drink plenty of water, 6) Limit sugarsweetened beverages, 7) Limit consumption of sugar and saturated fat. And remember, that small changes every day can lead to a recipe for success. So, this Easter, I humbly ask that everyone just consider a degree of self-restraint when it comes to those sugary treats.

#### **Foundation News**

Foundation have been busy measuring worms (plastic!) and observing them in our wormery (real!). We also now have some tadpoles, which we are very excited about watching over the coming weeks. Next week we will be having fun with Easter activities and writing to ask the Easter bunny to visit us.

#### Year 1 News

This week, Year 1 went on an exciting trip to Paignton Zoo. We were able to see a variety of wild animals, up close and visited 'Duchess' the African elephant. After a lot of excited commotion, the children visited a workshop to learn more about the animals at the zoo and even touch real life animal skulls! The children behaved superbly throughout the whole day - well done Year 1! They will use all of this valuable information to write a recount of their visit to the zoo next week.

# Year 2 News

We had a fantastic Friday this week when we were challenged to design a perfect pasta salad, fit for an explorer's lunch! It was also lovely to see many of you at parents evening and to share the children's fantastic achievements. Have a great weekend!

# Year 3 News

What a busy week we have had in year 3! First of all, I'd like to thank everybody there incredibly generous cakes for our cake sale on Wednesday. The children had great fun selling them in school and were able to raise a large amount of money. We will have a grand total next week. In English, they have been concocting revolting recipes to save the 3 Little Pigs and have done a marvellous job at it. Thank you to all the parents who attended the parents evening, it's always great to meet up and discuss the fabulous work that the children have been doing. If you weren't able to make an appointment please see your child's class teacher. Next week is the children's Mount Batten adventure; let's hope for some amazing weather!

#### Year 4 News

Year 4 have had a great week! We have started our new topic in Science, 'States of Matter' and have been discussing the properties of solids, liquids and gases. During English, we have had great fun drafting and writing up our Roman Solider diaries. Thank you to all who managed to meet with your child's class teacher this week, it was fantastic to see such a great turnout. Have a wonderful weekend!

# School Term Dates for 2017/2018

Fri 30<sup>th</sup> Mar – 16<sup>th</sup> Apr Inc. – Easter holidays

Tues 24th April - Foundation trip - Rare Breed Farm/Steam Train

Mon 7<sup>th</sup> May – Bank holiday

Mon 28th May - Bank holiday

Tues 29th May - Fri 1st June Inc. - Half term

Thurs 14<sup>th</sup> June - Proms in the Playground 6-7pm

Fri 20th July – 2:30pm end of term finish (Yr6 finish at 1.30pm)

Mon 23<sup>rd</sup> July – First day of the summer holidays

# School Term Dates for 2018/2019

Tues 4th Sept - Non-Pupil Days.

Wed 5th Sept - Non-Pupil Days.

Thurs 6<sup>th</sup> Sept – Autumn Term 2018 begins.

Mon 22<sup>nd</sup> to Fri 26<sup>th</sup> Oct – Autumn Half Term Break 2018.

Thurs 20th Dec – Last Day of Autumn Term 2018.

Fri 21st Dec 2018 to Fri 4th Jan 2019 - Christmas Holiday 2018.

Mon 7<sup>th</sup> Jan 2019 - Non-Pupil Day.

Tues 8th Jan – Spring Term 2019 Begins.

Mon 18<sup>th</sup> Feb to Fri 22<sup>nd</sup> Feb – Spring Half Term Break 2019.

Fri 5<sup>th</sup> April – Last Day of Spring Term 2019.

Mon 8th to Mon 22nd April – Easter Holiday 2019.

Tues 23<sup>rd</sup> April – Non-Pupil Day.

Wed 24th April – Summer Term 2019 Begins.

Mon 6<sup>th</sup> May – Bank Holiday.

Mon 27<sup>th</sup> to Fri 31<sup>st</sup> May – Summer Half Term Break 2019.

Wed 24<sup>th</sup> July – 2:30pm end of term finish ( $Yr6 extit{ finish at 1.30pm}$ )

Thursday 25<sup>th</sup> July – Non-Pupil Day.

#### Year 5 News

This week Year 5 had been making incredible progress in the pool, even starting to learn to dive and play water polo. Back in the classroom, the children have been learning to use protractors in Maths and apostrophes in English. Next week, we cannot wait to see all the children's topic work in the Viking Museum- please come in straight after school to join us (Monday 26<sup>th</sup>).

### Year 6 News

Any children who are not attending the residential trip to Bude will have been given a letter about activity week. It details the activities planned and the cost. Please sign the letter and return it to school by Thursday 29th March.

# Montpelier's Got Talent 2018

Get ready to show your talents and skills KS2! MGT is back. Auditions to be held during music lessons during the first 2 weeks of term. Solo or in a group, music, art, sports, poetry, comedy, circus skills and anything else you can think of! Start thinking of what you would like to do! More details to follow.

#### **Music News**

All Miss JR's clubs will run next week apart from Thursday Choir which is cancelled due to it being the end of term.

Restart dates are:

- Year 6 steel band: Monday 23<sup>rd</sup> April
- Year 2 and 3 choir Tuesday 24th April
- Year 5 steel pan: Wednesday 25<sup>th</sup> April
- Thursday Choir: Thursday 26<sup>th</sup> April.

# Proms in the Playground

Proms in the Playground is going to be Thursday 14<sup>th</sup> June 6pm-7pm and Feature Year 2/3 choir, Boys Choir, Green Squad, Thursday Choir. More details soon.



### **School Meals**

Change of Menu on Thursday 29th March 2018.

Roast Gammon will be replaced by Roast Chicken.

Easter biscuits will also be available.

New Summer Menu's – Commences after the Easter break. Every child has been given a copy to bring home. May we remind everyone to please ensure payment is always made in advance as per school policy. Thankyou

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Sponsored Read

A huge thank you to everyone who has sent in sponsorship money. So far, you have raised £1125.10. Usborne books are going to

A huge thank you to everyone who has sent in sponsorship money. So far, you have raised £1125.10. Usborne books are going to add over £600 to your total. With the book fair sales and catalogue orders, we have over £2000 to spend on brand new books for your children to enjoy. I will be working with the school council reps soon, to choose and order them. Watch this space... Amazing reading everybody! Mrs Jones.

# **Scooters and Bikes**

Please ensure all scooters and bikes are removed from the school site at the end of term. We have an increasing number of abandoned items; these will all be given to charity over the Easter holidays if left unclaimed.

#### **Lost Property**

Please collect any lost property you may have mislaid from the black bins outside the KS2 hall, as anything remaining by the Easter holidays will have to be disposed of. Please remember to clearly label your children's clothes to help them be independent in their care for them.



# **Unwanted Clothing**

Are you looking to spring clean your wardrobes ready for the spectacular summer that we all hope and pray that we are going to get? If so, Year 3 would love to receive your unwanted items. This will all contribute to helping us hit our fundraising target for our Mount Batten trip. If you wish to donate, please could you drop off your bags of clothes to the specified area in the Key Stage 2 hall. There are some restrictions to this and attached to The Beacon is a permitted and non-permitted list.

Many Thanks Year 3 Team



# SIGN UP NOW

# FIRST TWO TASTER SESSIONS...FREE!

For Girls aged 5-11 years

Starts Monday 16<sup>th</sup> April 2018 18.00-19.15pm Marine Academy Plymouth Sports Complex

For more information or to register your place E: Samantha.drewery@marineacademy.org.uk



THEFA.COM/PLAY-FOOTBALL

