

# **Anti-Bullying**

Policy Name	Anti-Bullying Policy
For Review and Approval by	FGB
Date of Approval	May 2017
Review Period for this Policy	Annually
Date for Future Review	May 2019

Implementation of this policy supports the duties to promote equality of opportunity and positive attitudes in relation to disability, gender and race and to eliminate discrimination on the grounds of age, disability, gender, race, religion or belief and sexual orientation.

Date	Changes
11/5/17	The role of the Pupils
	Deletion of R Time to be replaced by class discussion sessions
	Prevention
	Deletion of use of the 'Worry boxes' for some of the older
	children
April 2018	Incorporation of racist incident policy

# **Montpelier Primary School Anti- Bullying Policy**

#### **Rationale**

We believe that all members of our school community should feel safe from bullying and choose not to bully.

Montpelier Primary School recognises that bullying can seriously damage a person's self- worth and impact on their learning and development, affecting their confidence and ability to cope. It can lead to serious and prolonged damage for an individual. Bullying can also be harmful to the perpetrator and the witnesses and have significant impact on all stakeholders within the community.

#### **Definition**

Bullying is 'behaviour by an individual or group, repeated over time, that intentionally hurts another individual or group socially, physically or emotionally'.

Bullying can happen to anyone. This policy covers all types of bullying including:

- Bullying related to race, religion or culture.
- Bullying related to having learning difficulties or disabilities.
- Bullying related to appearance or health conditions.
- Bullying related to sexual orientation.
- Bullying of young carers, looked after children or otherwise related to home circumstances.
- Sexist or sexual bullying.
- Cyber bullying Please see E-Safety Policy.

Bullying can take the form of:

- Causing actual physical harm or any physical activity that makes a person feel threatened or intimidated.
- Verbal any words designed to hurt or cause offence.
- Written, including graffiti and inappropriate text messaging.
- Interference with another person or their belongings.
- Incitement of others to engage in bullying or bullying behaviours.
- Psychological pressure such as social exclusion or spreading hurtful and untruthful rumours.
- Cyber bullying through sending offensive or degrading messages or images by phone or via the internet including through web-sites, Social Networking sites and Instant Messenger Please see E-Safety Policy.

Bullying is not an appropriate term to describe losing your temper, not getting your own way, retaliating, having cross words, making people be friends with you, not agreeing or falling out with your friends.

Bullying can take place:

- Between pupils.
- Between pupils and staff.
- Between staff.
- Between staff and parents.

- Between parents.
- By individuals or groups.
- Face to face or indirectly.
- Using a range of cyber bullying methods.

# Identification

A child may indicate by signs or behaviour that he or she is being bullied. Most signs would be detected by the parent. All adults should be aware of these possible signs and should investigate if a child:

- Is unwilling to come to school (school phobic).
- Is frightened of walking to or from school / begs to be driven to school / changes their usual routine.
- Begins truanting.
- Becomes withdrawn anxious, or lacking in confidence.
- Starts stammering.
- Cries themselves to sleep at night or has nightmares.
- Feels ill in the morning.
- Attempts or threatens suicide or runs away.
- Begins to do poorly in school work.
- Comes home with clothes torn or books damaged.
- Has possessions go "missing".
- Has dinner or other monies continually "lost" / asks for money or starts stealing money (to pay bully).
- Has unexplained cuts or bruises.
- Comes home starving (money / lunch has been stolen).
- Becomes aggressive, disruptive or unreasonable.
- Is bullying other children or siblings.
- Stops eating.
- Is frightened to say what is wrong.
- Gives improbable excuses for any of the above.

These signs and behaviours could indicate other problems, but bullying should be considered as a possibility and should be investigated.

## Aims and objectives

Bullying is wrong and can damage individuals. We do all we can to prevent it by developing a school ethos in which bullying is regarded as unacceptable.

We aim, as a school, to produce a safe and secure environment where all can learn without anxiety.

This policy aims to produce a consistent school response to any bullying incidents that may occur.

We aim to make all those connected with the school aware of our opposition to bullying and we make clear each person's responsibilities with regard to bullying in our school.

#### The role of the Governing Body

At Montpelier, the Governing Body supports the Head Teacher in improving behaviour and reducing bullying. This policy makes it clear that any incidents of bullying that do occur are taken very seriously and dealt with appropriately.

The Governing Body monitors any incidents of bullying that occur, and reviews the effectiveness of the school policy regularly. They require the Head Teacher to keep accurate records of all serious incidents of bullying and to report to the Governing Body on request about the effectiveness of school anti-bullying strategies.

The Governing Body will respond within ten days to any request from a parent/carer to investigate incidents of bullying, where parents/carers do not feel they have been satisfactorily resolved by the school.

It is the responsibility of the Head Teacher to implement the anti-bullying strategy and to ensure that all staff (both teaching and non-teaching) are aware of the school policy and know how to deal with incidents of bullying. The Head Teacher reports to the Governing Body about the effectiveness of the anti-bullying policy on request.

The Head Teacher ensures that all pupils know that bullying is wrong, and that it is unacceptable behaviour in Montpelier Primary School.

The Head Teacher ensures that all staff receive sufficient training to be equipped to deal with all incidents of bullying.

The Head Teacher sets the school climate of mutual support and praise for success, so making bullying less likely. When pupils feel they are important and belong to a friendly and welcoming school, bullying is far less likely to be part of their behaviour.

#### The role of the Teacher

Teachers in our school take all forms of bullying seriously and intervene to prevent incidents from taking place. They keep their own records of all incidents that happen in their class.

If a Teacher witness an act of bullying, they do all they can to support the pupil who is being bullied. If a pupil is being bullied over a period of time, then, after consultation with a senior leader, they inform the pupil's parents/carers.

Unacceptable behaviour including incidents of bullying is logged on SIMs, our behaviour management system, for monitoring and tracking purposes.

If, as Teachers, we become aware of any bullying taking place between members of a class, we deal with the issue immediately. This may involve counselling and support for the victim of the bullying, and sanctions for the pupil who has carried out the bullying (in line with the school behaviour policy). We spend time talking to the pupil who has bullied: we explain why the action of the pupil was wrong, and we endeavour to help the pupil change their behaviour in future. If a pupil is repeatedly involved in bullying other pupils, we inform one of the senior leaders of the school. We then invite the pupil's parents/carers into the school to discuss the situation. In more extreme cases, for example where these initial discussions have proven ineffective, the special needs or inclusion co-ordinator may contact external support agencies such as the educational psychologist or behaviour support team.

Teachers attempt to support all pupils in their class and to establish a climate of trust and respect for all. By praising, rewarding and celebrating the success of all children, we aim to prevent incidents of bullying.

## The role of Pupils

Pupils MUST tell any adult in school if they are being bullied, are aware of any other pupils who are or are aware of any pupils who are bullying others. Strategies to deal with bullying are taught through the Personal, Social & Health Education schemes of work, during class discussion sessions and in assemblies.

Pupils are taught the abbreviation 'STOP'. Bullying is if someone does something unkind to you; Several Times On Purpose

If someone does bully you, you must; Start Telling Other People Parents/carers who are concerned that their child might be being bullied, or who suspect that their child may be the perpetrator of bullying, should contact their child's class teacher immediately. Parents/carers have a responsibility to support the school's anti-bullying policy and to actively encourage their child to be a positive member of the school.

## Monitoring and review

This policy is monitored on a day-to-day basis by the Head Teacher, who reports to the Governing Body about the effectiveness of the policy on request. This Anti-Bullying Policy is their responsibility and they review its effectiveness annually. They do this by examining the school's Behaviour Log, and by discussion with the Head Teacher. Governors analyse information with regard to gender, age and ethnic background of all pupils involved in bullying incidents to inform future policy.

#### Prevention

At Montpelier Primary School we seek to create a caring environment where respect is shown between all members of the school community in the following ways:

- Discuss, monitor and review our Anti-Bullying Policy on a regular basis.
- Raise awareness and provide appropriate training for all Staff and Governors to identify bullying and follow school policy and procedures on bullying.
- All adults should act as role models, actively demonstrating and encouraging positive relationships and behaviour.
- Staff must be ready to listen to children's concerns and prepared to label the act not the child.
- Engage pupils in developing anti-bullying practices and develop resilience such as having confidence in the 'STOP' message (Start Telling Other People).
- Ensure pupils are confident that all bullying concerns will be dealt with sensitively and effectively, abide by the Anti-Bullying Policy and are aware of the range of sanctions which may be applied against those engaging in bullying.
- Teachers use class discussion time to raise awareness of bullying and help pupils develop strategies to combat bullying type behaviour through the planned PSHE curriculum and the use of the SEAL programme. The use of the Creative Arts, visitors and current events can also develop understanding of feelings and enhance social and emotional skills.
- Use of praise and reward systems which encourage helpfulness and politeness towards peers and adults.
- Involve pupils in anti-bullying campaigns such as the annual Anti-Bullying week, E Safety Day and whole school assemblies.
- Ensure parents/ carers work with the school to uphold the Anti-Bullying Policy and know whom to contact if they are worried about bullying
- All parties signing the Home School Agreement.

# Responding to bullying

If bullying is suspected or reported, the incident must be dealt with immediately by the member of staff who has been approached. The following steps should be taken when dealing with alleged incidents of bullying:

Listen carefully to the child and ascertain the facts.

Further discussions and counselling of a victim may be required even where bullying behaviour is perceived rather than proven.

Investigate the incident as soon as possible. Identify the bully/bullies. Obtain witnesses if possible.

Discussions with the alleged bully / bullies should focus on the facts. They should be encouraged to tell the truth about the situation / incident. Make it clear that bullying is not acceptable at Montpelier.

All discussions with the children should address the issues appropriate to the incident and to their age and level of understanding. If the incident is not too serious, a problem-solving approach may help. The adult should remain neutral and deliberately avoid direct closed questioning which may be interpreted as accusatory or interrogational in style. Each pupil must be given an opportunity to talk and the discussion should remain focused on finding a solution to the problem and stopping the bullying from recurring

- Advise the class teacher/s of all the parties involved.
- Record the incident on SIMS.
- Parents of victims and bullies should be informed so that they will be in a position to help and support their children.
- An attempt should be made to help the bully/bullies change their behaviour. In certain circumstances sanctions may be necessary as detailed in the Behaviour Policy.
- The situation will continue to be monitored through phone calls home, observation at playtimes and lunchtimes and having discussions with the victim and bully to ensure no repetition.

## **Racist Incidents**

Our policy with respect to racist incidents covers pupil to pupil interaction.

If the incident involves a pupil and the alleged perpetrator is a member of staff, it will be dealt with according to the school's Disciplinary Procedures. In incidents where the victim and the alleged perpetrator are both members of staff, the incident will be dealt with according to the staff disciplinary policy.

## **Principles**

- The school believes that all pupils, regardless of their race, nationality, culture or religion, are entitled to an education, which is free from racial discrimination and harassment.
- All staff are expected to take all allegations seriously and to implement the agreed policy and procedures.
- Dealing with racist incidents should be seen as part of the school's general Behaviour Policy, which includes dealing with bullying.
- The Headteacher or their designate will keep staff and governors updated on racial equality and harassment issues through briefings and INSET.
- The Headteacher or their designate will present an annual report to the Governing Body on the details logged in SIMS. This data is also sent in summary form to the LA.
- This policy will be reviewed regularly and take account of the school's experience during the previous year.

# **The Legal Position**

- Under the Race Relations Act 1976 the school has a duty to ensure that it eliminates unfair racial discrimination and to promote equality of opportunity and good community relations.
- Under the Act it is illegal to discriminate directly or indirectly against an individual on grounds of racial origin or to stir up racial hatred. "Racial grounds" are defined as race, colour, nationality including citizenship or ethnic or national origins.
- Under the Criminal Justice and Public order Act (1994) intentional racial harassment is a criminal offence. The Definition of a Racist Incident Home Office advice and the recommendation of the Stephen Lawrence Inquiry is that: "A racist incident is any incident which is perceived to be racist by the victim or any other person." This definition is designed to take account of the possibility of a racist dimension to a situation and to ensure uniformity of reporting.

## **Examples of Racial Harassment in School**

Racial harassment in school might include:

• Verbal abuse of any kind, including name calling. (Terms such as "Paki", "Gypo", "Pikey, Nigger" etc. are designed to undermine the dignity of the individual concerned and must be seen as more serious than name calling in general.)

- Physical assault;
- Physical threat, intimidation or harassment (including attacks on possessions);
- Ostracism in the playground, classroom or working groups;
- Racist jokes (including jokes about other nations or particular groups);
- Graffiti which is racially offensive;
- wearing of racist badges or t-shirts;
- Distribution of racist literature, including jokes, cartoons, drawings etc.

## Values, Ethos and Relationships

- Montpelier Primary School is committed to an inclusive policy which encourages good relationships, mutual understanding, the celebration of diversity together with mutual respect and trust.
- Every child in the school is valued equally.
- Staff respect and nurture the individual identity of all children.
- Governors and staff are committed to fairness, justice and respect in the way they behave towards each other. Everyone is aware that racism is unacceptable and will not be tolerated.
- Governors and staff value cultural and ethnic diversity and celebrate the achievements of all pupils through the curriculum, assemblies, and displays, resources in the library and school events.

Where ethnic minority pupils form part of our school community, every effort is made to ensure that;

- Minority ethnic pupils feel that their home language, background and culture are valued;
- The parents of minority ethnic pupils feel positive about the school and are involved in their child's education;
- Staff are sensitive to the specific cultural, educational, and emotional needs of children such as those with English as an additional language (EAL), Traveller children, refugees or asylum seekers.

# The Curriculum and Race Equality

So that all children in the school will learn about their rights and responsibilities in a multicultural society, the curriculum is designed to include:

- Teaching about the entitlement of each individual to basic human rights;
- Using themes, units of work, books and materials which raise, explore and value issues of similarity and difference; and which challenge prejudice, racism and discrimination as well as promoting equal opportunity and justice;
- Selecting books and other materials in the classroom, the library and the school displays which reflect a positive image of minority and ethnic groups in Britain and the wider world;
- Offering a global dimension to the curriculum which introduces pupils to the achievements of people in the wider world and issues of world history and development;
- Involving people from a range of backgrounds to share their experiences with pupils and pass on their knowledge and skills;
- Examining viewpoints and lifestyles and how they can be influenced by religious, social, cultural and economic factors;
- Providing opportunities for children to work co-operatively and collaboratively, to listen to each other and to discuss different viewpoints in a calm and rational manner;
- Developing the critical skills and knowledge of pupils so that they are able to detect and challenge examples of bias, prejudice, stereotyping and racism;
- Encouraging pupils to discuss openly examples of conflict and prejudice so that they are enabled to deal effectively with racist incidents and counter racial harassment.

# **Working with Parents**

All parents of pupils at the school are expected to support the school in promoting race equality and countering racial harassment.

#### The school will:

- Inform all parents about the school's policy on race equality
- Encourage all parents to play an active part in the life of the school and report any concerns they have about racism in the school;
- Ensure that parents are informed if their child has been the victim of a racist incident. They will be told about the action taken by staff and reassured that the staff will support the child and make every effort to prevent any recurrence of the incident;
- Use opportunities presented by assemblies, school functions, parents' Evenings and newsletters to share with all the parents the commitment of the school to race equality;
- Challenge any racist views or comments which may be expressed by parents in discussion with a member of staff or on the school premises, and drawing their attention to the school policy, LA guidelines and national legislation;
- Be alert to incidents which take place outside the school premises and being prepared to support families under threat of racial harassment. This might include working with outside agencies such as the Devon and Cornwall Police.

#### Dealing with the Perpetrator(s) of a Racist Incident

All racist incidents will be considered as serious and dealt with accordingly. The member of staff who first encounters the incident must express firm disapproval and take positive action to deal with the situation. Failing to do this could be seen as condoning the behaviour and thus discourage pupils and parents from reporting incidents. Prompt, appropriate and consistent responses from staff will encourage pupils and parents to report incidents and share their concerns and worries. As far as the perpetrator is concerned, it is the behaviour the school disapproves of and not the child.

#### Effective action could include:

- Investigating the incident to ascertain the facts, together with the background which led up to the incident;
- Drawing the perpetrator to one side and explaining clearly and calmly why the behaviour was wrong, hurtful or offensive;
- Seeking an assurance that the pupil understands why the behaviour was wrong and that it will not be repeated;
- Where an assurance is forthcoming, asking the pupil to apologise for his/her action;
- Referring the incident, where appropriate, to a senior member of staff for disciplinary action in accordance with the school's Behaviour Policy;
- Contacting the parents to make it clear to them that such behaviour is unacceptable and that further disciplinary action will be taken if there is a repetition;
- In appropriate cases, considering the use of positive strategies other than sanctions and punishment which might help and encourage the pupil to overcome his/her prejudices and to desist from engaging in similar behaviour in the future.

# **Supporting the Victim**

Action taken to deal with a racist incident must include support for the victim. A caring, sensitive approach that includes reassurance will help demonstrate the school's commitment to combating racism. Effective action could include:

- Speaking separately to the victim, giving him/her support and reassurance;
- Offering the pupil an opportunity to talk about the incident and say how he/she feels;
- Asking whether the pupil has been subject to racism on previous occasions;
- Recognising that the pupil might rather talk about the incident at a later stage;
- Explaining to the pupil the action that has and/or will be taken;
- Reassuring the pupil the school's commitment to combating racism and encouraging him/her to report incidents in the future;

- Informing the parents of the incident; explaining what has happened and what action has been taken by the school; reassuring them that the school will take steps to try to prevent any repetition of the incident and supporting parents if they wish to make a complaint to the police.
- Care needs to be taken where an allegation of racial harassment is proven, on investigation, to be groundless, the complainant needs to have the situation explained with due sensitivity to ensure that they are not discouraged from expressing any similar concerns.

# Following up An Incident

Effective action could include:

- Considering the actions of the perpetrator to see if there were any underlying reasons which might have made him/her behave in this way;
- Monitoring the perpetrator's future behaviour;
- Considering whether any other members of staff need to be informed
- Identifying any particular places or times when pupils might be vulnerable, alerting duty staff and TAs by way of the guidance bulletin; encouraging staff to keep an eye on the victim building up his/her trust over time;
- Consider whether the topic needs to be part of a class discussion, phase or whole-school assembly;
- Staff to be alert for pupils who may be suffering in silence.

# **Recording and reporting Procedures**

- All incidents should be reported and recorded on the register of racial incidents.
- SLT is responsible for overseeing the reporting procedure and will monitor the incidence of racial harassment on a regular basis.
- The information recorded will form the basis of the Headteacher's termly Report to Governor's, where there is information to report, and the return made annually to the LA.
- A record will be kept of action taken by the school
- All records will be kept securely.